Serving Loudon, Monroe and Surrounding Counties

Friday/Monday, August 15/18, 2008

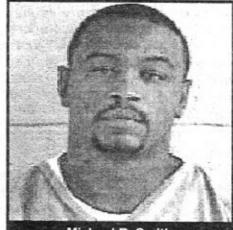
Loudon County Grand Jury Report Inside

White charges man with kidnapping Revolver stolen and extortion

Detective Chris White, Smith called and asked extortion and kidnap- belonged to him. ping.

LCSD Criminal Investiga- the female to meet him tion Division has charged there in order for her to a Sweetwater man with return a television that

When the woman ar-According to the war- rived she rolled down the rants, on March 27, 2008 window to speak with the victim met with Mi- Mr. Smith. She asked Mr. chael Ray Smith at a resi- Smith if he was going to dence located on Dailey beat her, or just get his Avenue in Loudon. Mr. TV and let her go, which (see Smith pg. 3)



Michael R. Smith

A local woman called authorities Wednesday when she discovered her revolver missing from her home.

Investigator Jason Smith, LCSD, reported he spoke

(see Revolver pg. 4)

Attempted burglarv

Authorities were called to a local apartment complex Wednesday when a woman found someone had tried to break into her home.

According to reports, Jen-(see Burglary pg. 6)

Walker charges Knox man in burglary

Tennessee's July paycheck

Nashville, - July 2008 enue were \$854,649,282, a

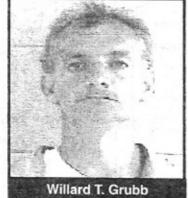
collections of the Tennes- decrease of \$4,601,333 or

see Department of Rev- 0.5 percent from July 2007

Police arrested a Knoxville man following an investigation into the break-in of a local convenience store in early March.

According to the warrant. filed by Deputy Freddie Gene Walker, LCSD: on or about March 7, 2008 Willard

(see Grubb pg. 7)



Local charged with theft from company

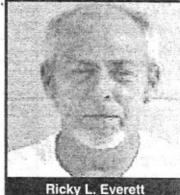
A Loudon man was charged with theft after he allegedly used a checking account belonging to a former employer to pay his cell phone bill in a telephone transaction.

Ricky L. Everett, 46, of Maple Hills Lane, Loudon

(see Everett pg. 6)

Break-in

Police were called to a Greenback residence when a man returned home to find his house had been broken (see Break-in pg. 8)



A Calloway Road woman called authorities when she discovered someone stole her son's ATV from their (see ATV pg. 2)

Verse of the day

Listen, Oisles, unto me; and hearken, ye people, from far; The Lord hath called me from the womb; from Today: Sunny along with a few the bowels of my mother hath he made mention of Tonight: A few clouds from mv name. Isaiah 49:1

Obituaries

Eileen Mariorie Bruce Teresa Faye Everett

Weather:

clouds. High 87.

(see Collections pg. 9)

time to time. Low 62.

Saturday: Times of sun & clouds. Highs: upper 80s; Lows: low 60s.

Sunday: Mostly cloudy. Highs: upper 80s; Lows: mid 60s. Monday: Partly cloudy, chance of a thunderstorm, Highs: up-

per 80s; Lows; mid 60s.

Wazzup

There's still time to sign up for LCYFO Football, ages 12 to 14. & there are several positions open.

Congratulations, Amanda Cook, on getting to take col-

(see Horoscopes pg. 2)

Obituaries

Eileen Marjorie Bruce, nee DeYoung, age 87 of Tellico Village, Loudon, TN, died at home on Wednesday, August 13, 2008. Married for 50 years to Major John (Jack) Bruce, U.S. Army, Retired: Deceased. She traveled extensively as a Military wife and lived all over the world until settling in the Tellico Village Community where she has lived for the past 20 years. She is survived by her nieces and nephews; Barbara and Albert Lowery of Cape Coral, Florida and Joan and Robert Zummallen of the Villages, Florida, as well as her many great and great great nieces and nephews. In lieu of flowers memorials may be made in her name to a charity of your choice or Home Instead Senior Care Foundation, 2105 Ingleside Ave Athens TN 37303. Home Instead's caretakers, along with her special friend, Joann Martin made it possible for Eileen to remain at home as she wished

during her final days. A Memorial Service will be held at a later date. Click Funeral Home, 109 Walnut Street, Lenoir City the family of Eileen Bruce.

Teresa Faye Everett. age 45 of Lenoir City passed away Monday. August 11, 2008. Preceded in death by her mother, Sandra Fave "Sissy" Everett; uncle, Steve Everett and aunt. Phyllis Everett. Survived by her children, Chris Johnson and Stevie Johnson; uncles, Stanley Everett and wife, Cathy of Lenoir City, Tommy Everett of Knoxville and Danny Everett of Georgia and many cousins. The family will receive friends from 5 to 7 p.m. Thursday at Click Funeral Home. Funeral services will follow at 7 p.m. with Rev. A. J. Crawford officiating. The family ask that in lieu of flowers, memorial donations be made to help with expenses. Click Funeral Home, 109 Walnut Street, Lenoir City is serving the Everett

Webster Milling Company 691 Vonore Road Loudon, TN

New Feed!!!

Corn Glutten Feed Pellets...\$5.25
10% all grain horse feed\$8.95
16% layer pellets\$9.60
Chick starter grower\$12.10
Trace Mineral Salt Block...\$5.25
Rooster Booster 16%\$14.75
Traditions Goat Feed\$11.15
Traditions Rabbit Feed\$11.80
All 50# bags

865-458-3202

Smith

he responded he'd get his TV and let her go, but he needed her to pull up in the driveway a little. When the woman pulled up Smith reached in and took her keys and an argument ensued between the two.

Smith wanted money from the woman, which she refused to give him. Smith handed the victim a bullet during the argument and told her it was for her, which put her in fear for her life.

The victim was scared and could not leave due to him taking her keys and went with him and withdrew \$200 from her checking account and gave it to him.

Smith then took the woman back and gave her the keys back.

Smith was also wanted for failure to appear in General Sessions Court on a DUI charge.

Michael Ray Smith, aka Lil Mike, 30, of Cedar Valley Road, Sweetwater, was

DAILY EDITION · August 15/18, 2008 · Page 3

charged with extortion, kidnapping and failure to appear on DUI.

Sgt. Kami Galaba, LCSD made the arrest.

Police Beat

Allison Mary Gayle, 44, of Porter Road, Oak Ridge, was charged with public intoxication.

According to the report, Deputy Craig Brewer, LCSD responded to Hwy 70 at Ford Road and found Ms. Gayle standing in the middle of the roadway with a lighter lit in her hand.

On talking with her, Gayle had a strong odor of an alcoholic beverage on her person and was unsteady on her feet. Deputy Craig Brewer, LCSD made the arrest.

Brian Keith Brewster, 35, of Old Hwy 95, Lenoir City was charged with failure to appear on VOP.

Deputy Mike Williams, LCSD made the arrest.

Rub In the Flavor

Grilling season has been in full swing for several weeks now. If you're growing tired of the same grilled foods, try adding a rub to wake up the flavor. Rubs are blends of herbs and spices that are gently pressed onto the surface of meat, poultry or fish prior to cooking.

You don't need a recipe for a rub. Simply combine flavors that taste good together. The flavors usually become more pronounced the longer the seasoning is on the meat.

meat.

Try these rubs the next time you fire up the grill:

Citrus rub: Combine grated lemon, orange, and/or lime peel with minced garlic and cracked pepper.

Pepper-garlic rub: Combine garlic powder, cracked black pepper and cayenne pepper.

Italian rub: Combine fresh or dried oregano, basil and rosernary with minced Italian parsley and garlic.

Herb rub: Combine fresh or dried marjoram, thyme and basil.

Wear Else!

303 E. Broadway, Lenoir City ph. 865-660-9277

New, Resale, Consignment



MEN'S, WOMEN'S, JRS,

Boys,

GIRLS, MATERNITY, TOYS, HOUSEHOLD ITEMS, JEWELRY

Wide Selection of items for Babies and Toddlers
Hours: M-F 10am-6pm Sat 9am-4pm (4.000 Sq. Ft of Bargains)

Gap-Old Navy-Talbotts-Ann Taylor-Liz Claiborne-Disney-Am. Eagle-Express-The Childrens Place-Limited-Limited Too-Halston-Ralph Lauren, Candies, Mudd **New Merchandise on Racks Weekly!**

Page 4 · DAILY EDITION August 15/18, 2008

Castillo

with Wanda Curtis of Davis Ferry Road and Curtis advised her revolver had been stolen from a drawer in her residence and she had just recently discovered it miss-

The revolver was described as a .22 caliber semiautomatic with pearl handles valued at \$99.

A possible suspect was identified to police.

Police Beat

Roger Glenn McIntosh, 53, of Hwy 321, Lenoir City and Randy Lamar Westmoreland. 46, of Pleasant Hills Road, Copperhill, were charged with public intoxication.

According to the report. McIntosh and Westmoreland were found at a local convenient store and had a strong odor of an alcoholic beverage on their persons and were deemed a danger to themselves and others if left in public.

Officer Darrell Butler. LCPD made the arrest.

Crystal Dawn

Mcintosh, 30, was charged with theft under \$500.

According to the report, McIntosh was observed by loss prevention taking several items with a male subject. She was stopped attempting to leave the store.

Officer Darrell Butler. LCPD made the arrest.

Fredrick David Hall. 36. of Hillcrest River Road, Loudon, was charged with violation of probation.

According to the affidavit, Hall was convicted of DUI 2nd and simple poss, x2. and was sentenced to probation for 11 months 29 days.

Since then he has failed to report to probation officer; failed to pay costs/fines. owes \$2684; failed to pay supervision fees, owes \$522.50; failed to respond to notices: failed to obtain A&D assessment.

Deputy Terisa Julian, LCSD made the arrest.

> To Advertise Call 771-2249



458-9109 or

408-0679



Global Loan & Pawn

BUY, SELL AND PAWN

Title Loans, Jewelry, Electronics, Guns, Musical Equipment & Scrap Gold!

GUNS starting at \$49.00 while supplies last

401 West Broadway Lenoir City 865-988-5263

Title Loans

\$150 Get Your FREE Full Spinal Examination \$150 Value

No Obligation - Nothing To Pay

Value

\$150

Value

Find out now whether careful, professional chiropractic care can relieve your aches and pains.

The examination normally costs \$150 or more. It will include orthopedic test, a neurological test, a blood pressure test, a spinal alignment check, an examination for restricted or excess motion in the spine, a test for muscle strength, an X-Ray, and a private consulatation with the doctor to disuss the results. FREE! Call for your FREE appointment

A Healthy Life Chiropractic - Dr. David Holt, D.C.

Broadway - Lenoir City

988-9004

Medicare, Tenncare and many more insurances accepted

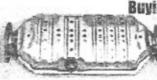


Buying Car Batteries

details.

\$150

Value



Buving Catalytic Converters un to \$150

> Also buying Transfer Trucks, Recyclable School Buses, Fuel

Tanks and Gas Tanks

Radiators, Aluminum, Cans, Copper, Wheels, Brass S AUTO PARTS &

157 County Rd. 323 Sweetwater, TN 3884

Out our Used Car Lot on a change without notice. See business for

423-351-750

: Hwy 11 in Sweetwater

Page 6 · DAILY EDITION August 15/18, 2008

Burglary

nifer Meija of Industrial Park Drive said she found where someone had tried to break into her residence through a kitchen window.

Deputy Kevin Parks. LCSD, responded to the call and reported the wood on the window had been pried apart with some type object and the window glass was broken.

No other information was available at the time of the report.

Everett

was charged with theft of property over \$500.

According to the warrant, filed by Deputy Paul Curtis, LCSD; on or about June 27. 2008 Ricky L. Everett did commit the offense of theft of property over \$500 by depriving the victim of \$670.

Bank records indicate the Verizon wireless phone bill belonging to Ricky Everett was paid via a telephone transaction from the checking account belonging to the victim.

Ricky Everett did have access to the information necessary to make the transaction from the checking account from being previously employed through the company and receiving compensation from that same account.

Deputy Mike Williams, LCSD made the arrest. Police Beat

Amanda Ann Tindell, 41, of Lonas Road, Knoxville, was charged with possession of schedule IV.

According to the report, Officer Jason Butier, LCPD stopped Tindell for a seatbelt violation and upon a search found a Klonopin pill in her purse that she has no prescription for. Officer Jason Butler .LCPD made the arrest.

Audra Denise Morton, 24, of Lakebrook Blvd, Knoxville, was charged with failure to appear on VOP.

Deputy John Wilson LCSD made the arrest.

Sheila Susan Mc-

Intosh, 52, of Dailey Avenue, Loudon was charged with a bad

check. Deputy Mike Williams, LCSD made the arrest.

250 Reward

For information leading to the return of the following vehicles:

Juan Manuel Jimanez, driving a nurnle 2001 Ford Trac

Daniel "Pinball" Martin, driving a grey 2004 Ford Explorer

Robert Eaves, driving a brown 2000 Chevy Blazer

Sann Wayman or Travis Norman, driving a red 1997 Chevy Blazer

Tanya "Dawn" Taylor, driving a white, 2001 Ford Ranger

1997 Chevy Astro, brown stolen by Merlin Raul Navarro

> Call Corey at 986-1111 all info confidential





Deputy Mike Williams, LCSD; all info confidential

Say9 down*

Se Habla susan Mc
Illimina Van, all pwr. 7 passenger

Set Habla susan Mc
Set Habla suturn, 5-sp. Gas Saver, Great Car

Set Habla

















MARTY'S AUTO SALES - 986-2222 - MARTY'S AUTO SALES - 986-2222

Grubb

T. Grubb did knowingly and unlawfully break into the Dixie Lee Shell Mart on Hwy 11 in Lenoir City.

Willard Grubb did

throw a rock through the glass door and took several cartons of cigarettes. Willard Grubb did admit to breaking into the business and taking cigarettes.

Willard Theodore Grubb, 38, of Middlebrook Pike, Knoxville, was charged with burglary.

Deputy Brandon Wilson LCSD made the arrest.

Police Beat

Rocky Lynn Shoffner, 44 of Hidden Vallev Lane, Lenoir City was charged with assault by domestic violence.

According to the report, Deputy Steve Helm, LCSD was dispatched to an assault complaint and upon arrival met the victim who reported Rocky had come into his room drunk and yelling, then kicked the door in and started hitting the victim in the face/head.

The victim did have marks.

A witness reported Rocky came into the victim's room and started hitting him and he had to get Rocky off the victim. Deputy

Steve Helm, LCSD made the arrest.

DAILY EDITION August 15/18, 2008 · Page 7

Jeremy Lamont Kerr, 31, of Newton Road, Lenoir City was charged with violation of probation.

Deputy B. Gray ,LCSD made the arrest.

Robert Lynn Smith, 21, of West 1st avenue, Lenoir City was charged with a mittimus.

Detective Jonathan Sartin, LCPD made the arrest.

John Raymond Jacobs, 29, of D Street, Lenoir city was charged with an attachment.

Sqt. Kami Galaba. LCSD made the arrest.

ADVANCED TRANSMISSIONS "Discover A Proven Value That Gives Positive Results" Import & Domestic We Specialize In Computer Controlled & Overdrive Transmissions







200 W. Broadway Lenoir city

986-5050



PHY AUTO SALES : 986-44TI - LENOIR CHY AUTO SALES : 986-44TI - LENOIR CHY AUTO SALES \$333 Down 93 Grand Prix GTP All the Goodies





Lenoir Ci AUTO SAI

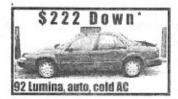
Your Low Price Hometown Dealer















All Cash Offers Welcome New Hours M-F 9am-7pm Sat 9am-3pm All Cash Offers Welcome NO CREDIT NEEDED! BAD CREDIT OK! NO TURNDOWNS! NO GIMMICKS! Some restrictions apply. All down payments or cash cars plus TAX, TAG and FEES. With Approved Down Payment. See Dealer for Details.

LENDIR CITY AUTO SALES - 986-4411 - LENDIR CITY AUTO SALES -

Page 8 · DAILY EDITION · August 15/18, 2008

Break-in

into.

According to reports, James Elrod of Axley Chapel Road, told Deputy Jerramie Bowen, LCSD, he'd left his residence around 7:00 a.m. and when he returned around 1:00 p.m. he found his back door kicked in.

Elrod advised missing items included his 46" Sanyo television, an Xbox 360, a watch and two cell phones.

The loss was valued at \$2400.

Police Beat

Catherine Ray Brown, 44, of Ford Road, Lenoir City, was charged with assault by domestic violence.

According to the report, Sgt. Jimmey Wiggins LCSD was on dispatched to a possible domestic dispute.

Upon arrival the deputy met the victim who was sitting in his vehicle. Catherine Brown was en route to the Lenoir City Police Department.

The victim reported he and Ms. Brown had been arguing at their apartment on Ford Road and he advised it had become physical and she had assaulted him several times. The victim attempted to leave and got to his brother's house and

she got into the car and would not get out.

He then attempted to drive to the justice center. He was unable to make contact with anyone and after pulling back onto the roadway the female began assaulting him again with the rear view mirror she had broken

off the windshield.

The victim stated he pulled over for fear he would wreck. The victim did have several marks on him and his hair was pulled out as well.

Ms. Brown was intoxicated and gave conflicting stories as to the events.

Public Sale

Pursuant to default Provision Chapter 717, 1980 Public Acts of Tennessee, the contents of the following leased spaces will be sold to satisfy the owner's liens. The entire contents will be sold at public sale to the highest bidder for cash. The sale is to be held on unit site, Carding Machine Mini-Warehouse & Storage, 1241 Carding Machine Road, Loudon, TN on Saturday, August 23, 2008, at 10:00 a.m.

Ruth Hughes Ashley Jenkins Tina Marie Long Dustie Phillips Desiree Smallen Lori Wiles Unknown

Unit # 90 Unit # 85 Unit # 52 Unit # 107 Unit # 104 Unit # 43

Unit # 62 Unit # 95

Sheer Cutz Mowing Service

865-816-2060

Licensed, Insured, Professional Courteous Service
Reasonable Rates

Now Accepting New Clients for upcoming season

Let Us Take The Hassle Out Of Your Lawn Maintenance



2004 Ford Ranger, Extended Cab, auto, AC, V6, Edge Package, NICE



2006 Dodge Extended Cab Dakota, V6, auto, 4 door, Stereo, Sharp



2004 Ford Focus, 2dr, 30+MPG, AC, PS, PB, CD, GAS SAVER \$7995

Stop and See Mike Strickland For A Great Deal

Dependable Motors

709 East Broadway 986-9343

Where Everybody Rides

LOW MONTHLY PAYMENTS LOW DOWN PAYMENTS \$0 DOWN W.A.C.*



2003 Dodge Quad Cab, Off Road Pkg, 4x4, auto, 4.7 V8, Full Power

WE SERVICE ALL VEHICLES IN OUR SHOP AND GIVE A FREE WARRANTY

*W.A.C. (with approved credit). All sales subject to credit approval

\$8995 Sale Price or Low Payments



2003 Town & Country 7 pass. van, AT, AC, Capt. Chairs, PW, PL



2005 Chevy Colorado, extended cab pickup, 4dr, auto, AC, 4 cyl. NICE



2001 Dodge Dakota, quad cab, 4x4, auto, AC, V6, full power, SLT pkg.

Collections

collections.

Sales and use tax collections totaled \$600,147,496, a decrease of \$8,285,381 or 1.4 percent from July 2007 collections.

Collections from the retail trade group decreased 3.3 percent. Items with significant changes include:

General merchandise stores: up 1.8 percent

Eating and drinking places: up 2.2 percent

Motor vehicle dealers and service stations: down 10.7 percent (with a 15.5 percent decline in the new, used motor vehicle sub-category item)

Building materials: down 7.7 percent Food stores: down 4.5 percent

Furniture and home furnishings stores: down 5.3 percent

Collections from the service group increased 0.3 percent from July 2007 led by the business services category (up 5.5 percent).

Collections from the non-retail, non-services group rose 5.1 percent led by gains in manufacturing (8.6 percent), wholesale trade (5.3 percent), electric, gas and sanitary services (9 percent), and transportation (33.7 percent).

Consumer use collections were \$369,309, an increase of \$139,311 (60.6 percent) from July 2007.

Franchise and excise tax collections were \$53,153,344, a decrease of \$168,813 or 0.3 percent when compared to July 2007. Separately, franchise tax collections were \$21,060,004, a drop of \$54,781 or 0.3 percent from last July. The excise tax collection was \$32,093,340, a decrease of \$114,032 or 0.4 percent from July 2007.

Tobacco tax collections were \$25,536,597, an increase of \$15,462,389 or 153.5 percent over the collection of July 2007.

Inheritance and estate tax collections were \$16,029,630, an increase of \$10,319,972 or 180.8 percent from July 2007.

Income tax collections were \$2,012,086, an increase of \$1,077,755 or 115.4 percent compared to July 2007.

Privilege tax collections were \$22,737,585, a decrease of \$8,808,378 or 27.9 percent compared to July 2007.

Gross receipts tax collections were \$6,002,830, a deDAILY EDITION August 15/18, 2008 • Page 9

crease of \$6,216,512 or 50.9 percent compared to July 2007.

Gasoline tax collections were \$50,044,195, a decrease of \$6,121,727 or 10.9 percent compared to July 2007.

Motor vehicle fuel tax collections were \$16,148,581, an increase of \$1,892,942 or 10.5 percent from July 2007.

The Department of Revenue is responsible for the administration of state tax laws and motor vehicle title and registration laws established by the legislature and the collection of taxes and fees associated with those laws. The Department of Revenue collects approximately 92 percent of total state tax revenue. During the 2007-2008 fiscal year, the department collected \$11.2 billion in state taxes and fees. In addition to collecting state taxes, \$1.9 billion of local sales tax was collected by the department for local governments during the 2007-2008 fiscal year. Besides collecting taxes, the

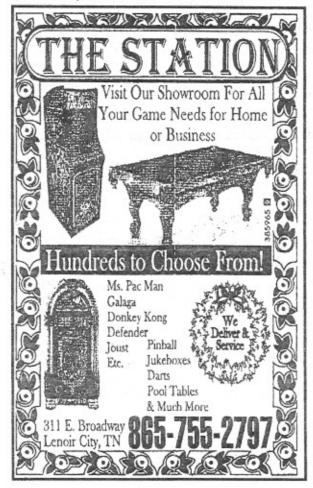
department enforces the revenue laws fairly and impartially in an effort to encourage voluntary taxpayer compliance. The department also apportions revenue collections for distribution to the various state funds and local units of government. To learn more about the department, log on to www.Tennessee. gov/revenue.

Police Beat

Jeremiah William Downs, 31, of Christian St., Philadelphia, was charged with failure to appear on compliance court, simple possession of marijuana and possession of drug paraphernalia.

Accorded to the report, Deputy Jerramie Bowen LCSD was patrolling Matlock Alley when he noticed Downs who had an active warrant for his arrest.

Upon a pat down the officer found a pack of rolling papers and a small amount of a green leafy substance believed to be marijuana. Deputy Bowen made the ar-



The Daily Edition

has a new phone number

865-771-2249

We can also be reached at:

dan1204us@yahoo.com P.O. Box 1240, Lenoir City, TN 37771

TDOT wins America's Transportation Award

Nashville, - The Tennessee Department of Transportation's SmartFIX40 project is being recognized as one of the top transportation projects in the nation. The American Association of State and Highway Transportation Officials announced Tuesday, August 12 that it had selected the Smart-FIX40 project for an "America's Transportation Award" for the Southeast Region. The annual transportation awards identify achievement in the development and construction of transportation projects.

"This project has been a monumental undertaking and employees at the Tennessee Department of Transportation have done an excellent job at minimizing the impact to motorists," said Governor Phil Bredesen. "I'm pleased to see TDOT

honored with this prestigious award. It is a testament to the years of planning and preparation that went into such a complex project."

Contract #1 of the SmartFIX40 project in downtown Knoxville was chosen in the "On Time" category for completing phases one and two ahead of schedule, utilizing creative transportation and management solutions, and inviting community input to enhance transportation efficiency, safety and the quality of life.

AASHTO Executive Director John Horsley said, "Transportation projects such as SmartFIX40 in Tennessee set great examples in how to properly manage, communicate and deliver needed infrastructure improvements."

"We are pleased to be selected for

an America's Transportation Award." said TDOT Commissioner Gerald Nicely. "SmartFIX40 is one of the most challenging projects in TDOT history and our goal is to maintain a safe and efficient traffic flow of traffic throughout the life of the project. We have worked extensively with local and state elected officials and local civic organizations to ensure that we are aware of their concerns during construction."

In a departure from traditional roadway construction projects, community representatives and local city and other elected officials participated in planning and design meetings to make suggestions and observations. Additionally, multiple public meetings were conducted to educate the general public and other stakeholders about the project. As a result of this process, 14 significant design changes were incorporated into the final plan to accommodate suggestions made by the community.

Broken into two separate contracts, SmartFIX40 is a multi-year road construction project with a total price tag of \$190 million. Smart-FIX40 began in 2005 and the final contract will be completed in 2009. The first phase of the project (\$85 million) included the

reconstruction of two major city streets (James White Parkway and Hall of Fame Drive), 5.2 miles of roadway, six bridges, four ramps, 33 retaining walls, the improvement of 18 city streets, and the construction of bicycle lanes and a tunnel.

The second contract of SmartFIX40 currently underway involves the closure of a 1.5-mile portion of I-40 in downtown Knoxville, This accelerated construction process involves closing a primary roadway (I-40) to allow aroundthe-clock work that is uninterrupted by traffic. This will dramatically shorten the time required to complete the project, thereby enhancing safety and reducing long-term inconvenience to motorists.

For more information on America's Transportation Awards visit www. americastransportationaward.org.

Police Beat

Sam John O'Neil, 47, of Thorton Drive, Knoxville, was charged with BUI.

According to the report, Officer Andy Collins TWRA was at Ft. Loudon Marina and O'Neil left Calhoun's with 2 female occupants at approximately 11:50pm and he blew a very loud air horn twice within the harbor limits.

When stopped O'Neil had slurred speech and was unsteady on his feet and admitted to drinking at Calhoun's. He refused a BAC test. Officer Andy Collins, TWRA made the arrest.

Frederick David Hall, 36, of Hill Crest River Road, Loudon was charged with failure to appear on theft over \$1000 and burglary.

Deputy John Wilson LCSD made the arrest.

Are Health Foods Better?

Does the term "health food" mean other foods aren't health foods?

Foods available in supermarkets are just as healthy as those sold in specialty stores, the major difference may be the price. Health food stores often have less variety than larger stores, thus causing the price to be higher. But they may offer some items you can't find anywhere else.

If you're looking for health foods, the supermarket, the corner grocery, or the health food store, are all good choices. The most important part about the foods you choose is that you include a variety of foods to get the vitamins and minerals you need. Add plenty of whole grains. beans, fruits and vegetables to your shopping list. And don't forget the low-fat dairy products with a nice compliment of lean meat, fish or poultry. the healthiest foods you can find.

