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Wednesday, January 16, 2008

Order doesn't stop Dandridge man

A Dandridge man who has an active order of protection against him has been accused of harassing a woman and vandalizing a vehicle belonging to her co-worker.

David Earl Ridenour, 46, of Knollwood Lane, Dandridge, was charged with violation of order of protection and vandalism over \$500.

According to affidavits filed by Lenoir City Police

(see Ridenour pg. 6)



Paint huffer with apparent Midas touch goes to jail

Police arrested a gold- from huffing paint. painted man after he alleg-

Terry Lynn McCollister, edly harassed his former 52, homeless, was charged girlfriend at her residence with public intoxication and while he was intoxicated inhaling paint for unlawful

(see McCollister pg. 3)

Unpaid goods returned, two charged

A Lenoir City couple was return for cash at customer jailed after they reportedly went to Wal mart and chose

service.

Justin Allen Sims, 19, of an item they didn't pay for to Oak Street, Lenoir City, was

(see Couple pg. 7)

The World by Gus

there even any difference no. On the Republican side,

Oh my word, this election between the candidates? cycle is driving me nuts. Is On the Democratic side,

(see Gus pg. 8)

Sportsmen now have the opportunity to share their trophies on TWRA website

their trophy harvest or catch with the world by sending a photograph and information to the new Wildcast Trophy Room, located on the Ten-

Sportsmen can now share nessee Wildlife Resources Agency's Web site (tnwildlife.org) under the Wildcast icon located in the right margin or at thwildcast.com

Sportsmen are invited

(see Website pg. 9)

Names can be removed from Do-Not-Call Registry

Nashville, - For the 3 million Tennesseans on the state Do-Not-Call Register,

to remove their names and begin receiving telemarketing calls. Tennesseans registration is good for life may contact the Tennesunless subscribers want see Regulatory Authority

(see Registry pg. 4)

He went to jail anyway

A young Loudon man was taken into custody on a contributing charge after the vehicle he was a passenger in was stopped for a light violation. A juvenile female was driving and reportedly told police she was driving for the male's benefit.

(see Lopez pg.

Connections between weight & cancer risk

The number of people who are overweight in this country is increasing and so are the numbers of cancercausing deaths. Is there a connection?

A recent study published in the New England Journal of Medicine compared weight with cancer deaths

(see Connections pg. 2)

Verse of the day

For what glory is it, if, when ye be buffeted for your faults, ye shall take it patiently? but if, when ye do well, and suffer for it, ye take it patiently, this is acceptable with God. 1 Peter 2:20

Obituaries

Helen Norris Peters

Weather:

Today: Sunshine & clouds mixed. High 47.

Tonight: Rain & snow in the evening turning to all snow late. Some sleet may mix in. Low near 30. Chance of

precip 90%. Some snow accumulation possible.

Thursday: Mix of rain & snow. Highs: low 40s; Lows: low 30s.

Wazzup

Hope you get to feeling better soon, Pat Morgan and Karen Ritter!

Horoscopes Capricorn

(Dec 22-Jan 20)

While the competition is sleeping, you've got a golden opportunity to advance your cause. There's

(see Horoscopes pg. 2)

McCollister

purposes.

According to the report, Lt. David Flynn, LCPD responded to the call and found McCollister outside an apartment causing a disturbance. McCollister had been harassing his ex-girlfriend and had been there prior to the officer's arrival.

Officers received another call on Mc-Collister and upon approaching him found gold paint all over his hands, face and clothes. McCollister had slurred speech and was unsteady on his feet with a strong odor of paint about his person.

Lt. David Flynn. LCPD made the ar-

Stupid Criminals

A Florida couple called police to report that someone broke into their home and stole their quarter-pound stash of marijuana and they needed it back because they planned to sell it! John Douglas Sheetz, 18, and Misty Ann Holmes, 17, were arrested for possession of mariiuana with intent to deliver and posses-

DAILY EDITION • January 16, 2008 • Page 3 sion of drug paraphernalia. "They're

America's dumbest criminals," said Lt. Ricky Ramie, head of the Bay County Sheriff's Office narcotics task force.

Police in Covington. Louisiana said a teenage robbery suspect had eluded capture on several occasion. but they finally caught up with him and literally got him with his

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pants down.

Police spotted the suspect standing on a street corner. After calling for backup, the officers closed in on the teen.

"They all converged on him from different directions," Lt. Jack West said. "He started to run, but his lowriding pants fell down and he stumbled to his knees."

"We literally caught him with his pants down," West said.

The teen was booked on warrants for armed robbery. carjacking, two counts of aggravated battery and being a child in need of supervision. His name was not released because he is a juvenile.

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like new. must see! \$499 down * \$59.99 a week is on select cars. *Down payments plus tax, tag, and fees on day of sale. See dealer for detail

Registry

and have their names removed, TRA Chairman Eddie Roberson said Wednesday.

The TRA informs Tennessee residents every year that they may call the agency and have their names removed from the register.

People wishing to remove their phone numbers from the Do-Not-Call Register should call the TRA's Consumer Services Division at 800-342-8359.

The Do-Not-Call Register was established in 1999 by the Tennessee General Assembly and is open to residential telephone customers who may list their traditional and wireless phone numbers.

Businesses are not eligible for the program.

The TRA's mission is to promote the public interest by balancing the interests of utility consumers and providers. For more information on the TRA, visit online at www.state.tn.us/tra. **Stupid Criminals**

What does a carjacker do when he
steals a vehicle then
gets lost driving it
around? Why call 91-1 and ask for help,
of course! That's what
31-year-old Claude
King did after he
carjacked an SUV in
Boca Raton and drove
all the way to Palm
Springs, Florida.

Police said King walked up to a GMC Envoy driven by Caroline Funkey at a traffic light just off Interstate

95 in Boca Raton, smashed the driver's side window and pulled Funkey out of the car.

He then forced the other four passengers in the vehicle out of the car, punching them to get them to leave. Perhaps finding five people inside the SUV caused King to become confused. Witnesses said King then started driving "wildly" around the area before eventu-

ally heading south on I-95.

While southbound on the Interstate, King collided with a pickup truck and apparently decided to turn around and drive north on I-95. He then collided with another vehicle before finally pulling over at an exit in Palm Springs.

That is when a frustrated King decided to call 9-1-1. The conversation went like this: "Um, I committed a crime," King said. "I stole a vehicle."

When asked for his name, King said, "I'd rather do this: Could you just send the police over here?"

The dispatcher then asked where he was located, and King replied, "I couldn't even tell you. I don't even know where I'm at."

Palm Springs police found King sitting on the curb near the stolen SUV.

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NOTICE

Notice of Public Auction, West End Storage, 502 Ward Ave., Loudon, TN at 10AM on Saturday, January 19th will sell the contents of the following rooms for nonpayment of rent.

#34 J. Brown #39 Arden #73 Wilkes #74 Haynes #78 B. Miller #110 D. Miller

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Rates Subject to change without notice. See husiness for details.

Obituaries

Helen Norris Peters, 91 of Loudon, formerly of Fentress and Cumberland County, TN, passed away Saturday, January 12, 2008, at Baptist Health Care Center. She was oldest child of the late Charlie and Mana Rogers Hall. Also preceded in death by husbands. Oral Morris and Sherman Peters; brothers. Clayton, Cleo, and Bobby Hall. Survivors: daughters, Faye Moore and husband, Willard, Lebanon, TN, and Sue White and husband. Charles. Loudon; two grandsons. Marty Madewell and wife, Le Ann, and Bobby Madewell and wife. Charity, Mt. Juliet, TN; five great-grandchildren. Kristen, Travis, Bailey, Emily, and Loren; several step grandchildren and step-great grandchildren to include Chris and Rose Ann White and family of Loudon, Karen and Cary Largen, Erin, TN; brother, Noma Hall, Grimsley, TN: two sisters-in-law, Justine Hall, Jamestown, and Evelyn Hall, Grimsley, TN: several nieces ad nephews. Funeral services 11 a.m. Tuesday (C.S.T.) Munday Funeral Home, Clarkrange Chapel South with burial in Springs Chapel Church Cemetery. Family will receive friends 6 - 8 p.m. Sunday, Loudon Funeral Home Chapel, Loudon, and visitation Monday from 4 - 6 p.m. at Mundy Funeral Home, Clarkrange South, Fentress County. Loudon Funeral Home in charge.

Ridenour

Detective Jack Fine. Ridenour is accused of going to woman's West Third Avenue. Lenoir City home just after 6:30 p.m. on December 30, 2007 in spite of an active order of protection the woman has against

The woman told the detective she and a male co-worker were working on her house when she heard the screen door slam and then banging on her front door. She went to see who was at the door and saw Ridenour peering through her window, screaming and taking pictures.

Records indicate the co-worker told police Ridenour beat on the door and tried to get him to come outside to fight. Ridenour then got into the man's 2004 Jeep and did extensive damage to the dash and steering area.

Ridenour is also accused of calling the woman approximately 60 times throughout the day.

The lawman reported the order of protection against Ridenour was filed on June 6, 2007 in Jefferson County and doesn't expire until June of 2008. Ridenour has been served the final order and is restrained from assaulting, threatening, abusing, harassing, following, interfering, or stalking the woman or her children.

Deputy Adam Bryant. LCSD made the arrest at the Jefferson County Jail.

F.Y.I Silver Ridge Baptist Church Clothing Ministry will be hosting an open house on Saturday. January 19, 2008 from 9:00 a.m. to 1:00 p.m. We will be offering free clothing to anyone who needs them. Located at the church annex at 439 Church Drive. If rain, date will be changed to later date.

Joann Hicks of Paint Rock and the Watson s of Madisonville & Philadelphia will be singing at Freedom House of Worship, Oak Grove Rd. (off Hotchkiss Valley Rd.) Saturday, January 26th at 7:00 p.m.

\$250 Reward

For information leading to the return of the following vehicles:

Brown 1997 Chevy Astro, stolen by **Merlin Raul Navarro**

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Couple

charged with theft under \$500. Loretta Waynette Berchtold, 25, of Oak Street, Lenoir City ,was charged with theft under \$500 and criminal trespass.

According to the report, Berchtold and Sims took an item from Wal Mart without purchasing it and took it to customer service for a refund.

The refund total was \$81.21 and they passed all point of sales and were stopped.

Berchtold has been banned from the Wal Mart as well. Officer Darrell Butler, LCPD made the arrests.

Lopez

Jose Migul Lopez, 19, of Riverbend Drive, Loudon, was charged with contributing to the delinquency of a minor.

According to the report, Mr. Lopez was a passenger in a vehicle stopped for a broken taillight. The driver was a juvenile and did not have a license. A check showed her license to be suspended.

When asked why she was driving the juvenile stated, "So he (Lopez) would not go to jail."

Lopez also has a suspended license.

It was not noted if the female was also charged.

Sgt. RS Newman, LPD made the arrest.

Crock Pot Potato Chowder

Great for those cold nights.

Time to make: 1/2 day, 30 min prep

Makes 12 servings (3 quarts) Ingredients:

8 C. diced potatoes

1/3 C. onions, chopped

3 (14 1/2 oz.) cans chicken broth

1 (10 3/4 oz.) can condensed cream of chicken soup

1 (8 oz.) package cream cheese, cubed

1/2 lb. bacon, cooked and crumbled

chives Directions:

 Combine potatoes, onion, broth, and cream of chicken soup in crock pot.

 Cover and cook on low 8-10 hours or until potatoes are tender.

Add cream cheese and blend.

 Top with bacon and chives before serving. DAILY EDITION January 16, 2008 • Page 7

Tasty Buns

No butter needed Time to make: 11/4 hrs. 1 hr. prep

Makes 12 servings Ingredients:

5 C. flour

2 pks. dry yeast

1 C. milk

3/4 C. water

1/2 C. vegetable oil 1/4 C. white sugar

1 tsp. salt · Directions:

 Mix 2 C flour& yeast.

 In a separate bowl, heat milk, water, oil, sugar& salt to lukewarm in microwave.

Add all at once to flour mixture and beat till smooth.

 Mix in enough flour to make a soft dough (2-3 Cups).

5. Mix well, then turn out onto floured surface and let rest under a bowl for about 10 minutes.

6. Shape dough into 12 slightly flat balls and place on greased baking sheet (I actually prefer to use parchment paper-easy clean-up!) to rise till doubled in size.

7. Bake in preheat-

ed 400 degree oven 12-15 minutes.

Fudge Crinkles

A Great 4 Ingredient Cake Mix Cookie.

Time to make: 15 min., 5 min prep

Makes 30-48 cookies

Ingredients:

1 (18 1/4 o z .) box devil's food cake mix (Betty Crocker Super Moist suggested)

1/2 C. vegetable oil 2 large eggs

confectioners' sugar

Directions:

 Preheat oven to 350°.

Stir (by hand) dry cake mix, oil and eggs in a large bowl until dough forms.

Dust hands with confectioners' sugar and shape dough into 1" balls.

 Roll balls in confectioners' sugar and place 2 inches apart on ungreased cookie

sheets.

Bake for 8-10 minutes or until center is JUST SET.

Remove from pans after a minute or so and cool on wire racks.

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Gus

well, no again.

The only one different is Ron Paul and he's a nut, so who in the heck do you vote for?

I don't know, but I can narrow the field down a bit by keeping to my standards. No lawyers, no exceptions, so there goes Mrs. Clinton and John Edwards out the window.

Next, let's look at experience - Obama still wet behind his ears, so he's out. Well that's it for the Democrats.

Mike Huckabee well, I don't know about a preacher, nothing against preachers, but?

Rudy Giuliani - well it's Rudy, his own kid's not going to vote for him, so I can't either.

Mitt Romney - well he has used car salesman written all over his face and grin, he's out.

John McCain - still don't know which party he belongs in, so he's out.

Let see who's left; well, Mr. Fred Thompson - I guess if he shows up that's about the best choice, but he is yet to show up.

See why I'm a bit puzzled? Not much to choose from. It's hard to believe that this is the best American has to offer. Very disappointing for both parties. -Gus

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Website

to send a photo and some details, including the county the harvest was made, photographed, or caught to: tnwildlife@mac. com. Please include a brief description of the trophy, including size and other notes of interest. Examples of the photographs and write-ups may be seen at thwildcast.com. All submissions must be made electronically. No

mailed entries can be accepted.

By submitting your photo, sportsmen are granting the Tennessee Wildlife Resources Agency permission for its unlimited use on the TWRA Web site. By making a submission, sportsmen also affirm that all game or fish photographed were taken under the rules of fair chase. The new feature by TWRA offers a great way to share an

outdoor adventure with the world. The TWRA reserves the right to refuse the use of any photo inappropriate for this site.

Tnwildcast.com began with the production of TWRA's podcasts. Outdoor enthusiasts can subscribe to TWRA Wildcasts by clicking on the button on the Wildcast Web site. The Wildcasts are mini-movies that feature various aspects of TWRA and the Tennessee outdoors. It

DAILY EDITION January 16, 2008 • Page 9

is free. And, it's a great way to learn all about Tennessee's wildlife, fisheries, boating and ways to make the most of time outdoors.

Judging a Healthy Weight: Is There Truth in Numbers?

The government's official assessment of healthy weight is a number known as BMI or body mass index. What do those numbers mean and

are they the only measurement you need?

BMI is determined from multiplying your weight by 700, then dividing that number by your height in inches twice.

A BMI from 19 to 25 is considered healthy, while someone with a BMI between 25 to 30 would be considered overweight. Anything above 30 is considered obese.

But one size doesn't always fit all. Since muscle weighs more than fat, people who have more muscle often have a higher, yet healthy, BMI. Body mass index can provide an idea about your weight but an accurate assessment of your health also needs to include a review of your physical activity, growth and muscle mass.

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